

YWCA TORONTO'S

EARLY ON & TEEN MOTHERS' FALL PROGRAMS

Early ON

Child and Family Centre



PHOTOS: (left) Ivan Samkov on Pexels; (right) Kelvin Agustinus on Pexels.

ALL PROGRAMS ARE
FREE
SNACKS & TTC FARE
PROVIDED

MAKING CONNECTIONS

Monday 9-10a.m. & 1-4p.m. (virtual), Tuesday 1-1:30p.m., Wednesday 1-2p.m. | Mothers' and gender diverse parents

This is a pre-registered virtual and in person support program providing individual support, resources and referrals. Parents can call or email for an appointment to meet with staff. Donations available.

MUSIC, MELODIES AND NURSERY RHYMES

Monday 10-11a.m. | Children ages 0-6 and their caregivers

Let us join together virtually to sing our favourite songs, nursery rhymes accompanied by the piano and other instruments. We will make simple instruments and puppets to sing along with, using recycled materials that you have at home. Pre-registration required.

FAMILY TIME DROP-IN

Monday 1:45-3:45p.m., Tuesday 10:30a.m.-12:30p.m. & 1:30-3:30p.m., Wednesday 1:30-3:30p.m. | Children ages 0-6 and their caregivers

Our drop-in program offers caregivers and their children the opportunity to explore and engage in play-based activities, as well as engage with other families from the community. Join us for music, art, sensory activities and much more!

TEEN MOTHERS

Monday 4-6:30p.m. | Mothers and gender diverse parents ages 14-26 and their children

The program is for pregnant and/or parenting mothers' and gender diverse parents and their children. Through a series of workshops, parent-child activities and referrals, participants will be equipped with valuable parenting tools and resources. Dinner provided.

See back for Weekly Calendar and registration/contact information.



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THE BABY BUNCH

Wednesday 10a.m.-12p.m. | Children ages 0-16 months and their caregivers

This program is focused on infant development from ages 0-16 months and gives caregivers the opportunity to engage and network with one another about their child's developmental stages. Join our program for exploration of music, sensory, art and guest presenters that share their expertise in child development.

STORYTIME AND SUPPER CLUB

Wednesday 4-6p.m. | Children ages 0-6 and their caregivers

In this program, we will enjoy various stories together through adult-child reading, art, sensory play, and group music and story time. A light dinner snack will be served. Children will receive a free book to enjoy at home each week, thanks to donations from the Children's Book Bank. Pre-registration required.

EARLY ON AND TEEN MOTHERS | FALL CALENDAR

	MONDAY	TUESDAY	WEDNESDAY
MORNING	<p>Making Connections (Virtual) 9-10a.m.</p> <p>Music, Melodies, and Nursery Rhymes (Virtual) 10-11a.m.</p>	<p>Family Time 10:30a.m.-12:30p.m.</p>	<p>Baby Bunch 10a.m.-12p.m.</p>
AFTERNOON	<p>Making Connections (Virtual) 1-4p.m.</p> <p>Family Time 1:45-3:45p.m.</p>	<p>Making Connections 1-1:30p.m.</p> <p>Family Time 1:30-3:30p.m.</p>	<p>Making Connections 1-2p.m.</p> <p>Family Time 1:30-3:30p.m.</p>
EVENING	<p>Teen Mothers 4-6:30p.m.</p>		<p>Storytime and Supper Club 4-6p.m.</p>

PROGRAM LOCATION

ROOM 200, 3090 KINGSTON ROAD

For more information or to register,
call **416.266.1232 ext 300** or email **CHelm@ywcatoronto.org**
or **MBrennan@ywcatoronto.org**



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